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Notice is hereby given pursuant to the requirements of section 403(r)(6)(21 U.S.C. 343(r)(6) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Metagenics, Inc. with its principal place of business at 100 Avenida la Pata, San Clemente, California 92673, (949) 369-3372, has commenced marketing the following dietary supplements bearing the following statement(s) on the label and/or in the labeling:

METAGENICS BRAND

Name of Supplement	Name of Ingredient or Supplement that is Subject to the Claim	Text of Claim
BifoViden ID™	<i>Bifidobacterium lactis</i> BI-07, <i>Bifidobacterium lactis</i> BI-01, <i>Streptococcus thermophilus</i> St-21	BifoViden ID™ is specifically designed to promote a healthy microbial balance in the large intestinal tract and support healthy immune, liver, and digestive function.
LactoViden ID™	<i>Lactobacillus acidophilus</i> NCFM® Strain, <i>Lactobacillus salivarius</i> Ls-33, <i>Lactobacillus paracasei</i> Lpc-37, <i>Lactobacillus plantarum</i> Lp-115, <i>Streptococcus thermophilus</i> St-21	Designed specifically to promote a healthy microbial balance in the small intestines and urogenital tract, LactoViden ID™ also supports healthy immunity and resistance.
Renagen™ DTX	Vitamin B6 (as pyridoxine HCl), Folate (as folic acid, L-5-methyl tetrahydrofolate, 5-formyl tetrahydrofolate), Vitamin B12 (as cyanocobalamin), Cordyceps Mycelium Extract (<i>Paecilomyces hepiali</i>) (contains cordycepic acid and adenosine), Chinese Salvia	Renagen™ DTX is a specific blend of nutrients and traditional herbs to promote healthy kidney detoxification and protect against free radical damage. This formula also provides B vitamins and ActiFolate—Metagenics' exclusive blend of active folates—to support

	Root (<i>Salvia miltiorrhiza</i>), N-Acetylcysteine	cardiovascular health for individuals with signs of renal stress. Support for healthy kidney function.
Arginine Plus™	Folate (as folic acid, L-5-methyl tetrahydrofolate, 5-formyl tetrahydrofolate) L-Arginine, L-Glycine	Arginine Plus™ provides high quality L-arginine for those with supplementation needs, as well as ActiFolate™—our exclusive, proprietary blend of active folates that includes folic acid, 5-formyl tetrahydrofolate, and L-5-methyl tetrahydrofolate. This combination of folates uniquely supports critical functions of folate by delivering the biologically active folates that are most commonly found in vegetables. Providing three forms of folate may better ensure optimal folate nutrition—even in those with genetic variations in folate metabolism.
ProbioKids™	<i>Bifidobacterium lactis</i> BI-01, <i>Bifidobacterium lactis</i> BI-07, <i>Streptococcus thermophilus</i> St-21	ProbioKids™ is advanced, dairy-free probiotic nutrition for kids designed to support a balanced intestinal ecology, optimal immunity, and healthy digestion (particularly of lactose). The ID Guarantee: The purity, clinical reliability, and predicted safety of Metagenics probiotic formulas are guaranteed through the scientific certification of strains with established health benefits. Support for healthy digestion and immunity.
Cal Apatite® Forte	Vitamin D (as	Cal Apatite® Forte

Capsules	cholecalciferol), Calcium (as MCHC), Phosphorus (as MCHC), MCHC	Capsules is a complete bone nutrition formula, featuring calcium exclusively from pure microcrystalline hydroxyapatite concentrate (MCHC)—a complex crystalline compound composed primarily of calcium, phosphorus, and organic factors that naturally comprise raw bone. This comprehensive formulation also provides optimal levels of vitamin D for bone and muscular health.
EPA-DHA 720™	Vitamin E (as mixed tocopherols), Natural Marine Lipid Concentrate, EPA (Eicosapentaenoic acid), DHA (Docosahexaenoic acid)	EPA-DHA 720 supports healthy cholesterol levels already within the normal range and musculoskeletal, cardiovascular, nerve, endocrine, and immune functions.
EPA-DHA Lemon Softgels™	Natural Marine Lipid Concentrate, EPA (Eicosapentaenoic acid), DHA (Docosahexaenoic acid)	EPA-DHA Lemon Softgels™ is a concentrated source of health-promoting, antioxidant stabilized, omega-3 essential fatty acids from cold water fish. EPA-DHA Lemon Softgels™ supports healthy cholesterol levels already within the normal range and musculoskeletal, cardiovascular, neurological, endocrine, and immune functions.
Somnolin™	Vitamin B6 (as pyridoxine HCl), Folate (as L-5-methyl tetrahydrofolate), Vitamin B12 (as methylcobalamin), L-5-Hydroxytryptophan (L-5-HTP) (from <i>Griffonia simplicifolia</i>), Theanine	Somnolin™ features a complementary blend of nutrients to promote a restful, relaxed state and relieve occasional sleeplessness. 5-HTP and theanine support balanced

		<p>levels of the neurotransmitters GABA, serotonin, and dopamine. An exclusive blend of brain bioactive B vitamins, Metafolin® (5-MTHF) and methylcobalamin (B12). Support for sleep and relaxation.</p>
Testralin™	<p>Vitamin A (50% as Betatene® mixed carotenoids, 50% as retinyl palmitate), Vitamin D (as cholecalciferol), Vitamin E (as d-alpha tocopheryl acetate), Vitamin K, Vitamin B6 (as pyridoxine HCl), Folate (as L-5-methyl tetrahydrofolate, folic acid, and 5-formyl tetrahydrofolate), Vitamin B12 (as methylcobalamin and cyanocobalamin), Isoflavones [from a proprietary blend of red clover flowering top extract (<i>Trifolium pratense</i>) and kudzu root extract (<i>Pueraria lobata</i>)], Turmeric Rhizome Extract (<i>Curcuma longa</i>) [standardized to 95% (200 mg) curcuminoids], Rosemary Leaf Extract (<i>Rosmarinus officinalis</i>) [contains 5.1%–7.6% (10.2 mg–15.2 mg) carnosic acid/carnosol], Resveratrol (from <i>Polygonum cuspidatum</i> root extract), Trimethylglycine (as betaine HCl), Chrysin</p>	<p>Testralin™ is a formula for men that is designed to nutritionally support a healthy hormonal balance and optimal prostate health. It features targeted nutrients that promote healthy testosterone levels through their influence on aromatase—an enzyme involved in the conversion of testosterone to estrogen. Testralin also supports a healthy balance of estrogen metabolites by promoting the ratio of 2-hydroxyestrone to 16a-hydroxyestrone, which is important in maintaining prostate health. Promotes healthy male hormone balance.</p>
Glucosamine Sulfate 750™	<p>Vitamin C (as ascorbic acid), Potassium (as potassium chloride), D-Glucosamine Sulfate</p>	<p>Glucosamine Sulfate 750™ helps support healthy joints and other connective tissues with an enhanced level of glucosamine, a</p>

		naturally occurring nutrient that supports cartilage formation. Healthy cartilage supports proper joint function and mobility.
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THE UNDERSIGNED CERTIFIES THAT THE INFORMATION CONTAINED IN THIS NOTICE IS COMPLETE AND ACCURATE AND THAT METAGENICS, INC. HAS SUBSTANTIATION THAT THE STATEMENTS CONTAINED HEREIN ARE TRUTHFUL AND NOT MISLEADING.

Date 9-20-04

Metagenics, Inc.

BY: Susan Y. Campbell
 Susan Y. Campbell
 General Counsel